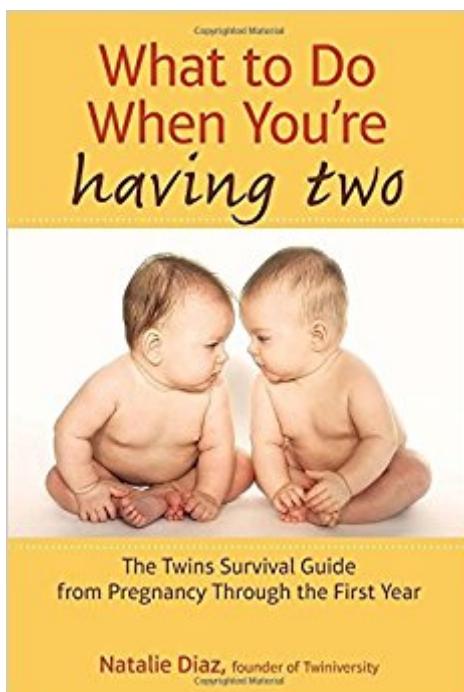


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# What To Do When You're Having Two: The Twins Survival Guide From Pregnancy Through The First Year



## Synopsis

The creator of Twiniversity delivers the ultimate survival guide for parents of twins. The rate of twin births has risen 79 percent over the last three decades, and continues to increase. A mom of fraternal twins and a national guru on having two, Natalie Diaz launched Twiniversity, a supportive website with advice from the twin-trenches. What to Do When You're Having Two is the definitive how-to guide to parenting twins, covering how to make a Birth Plan checklist, sticking to one sleep schedule, managing double-duty breastfeeding, stocking up on all the necessary gear, building one-on-one relationships with each child, and more. Accessible and informative, What to Do When You're Having Two is the must-have manual for all parents of twins.

## Book Information

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## Customer Reviews

When I had my twins in 2004 my circle of twin mom friends wasn't large. I didn't know anyone with twins, twins did not run in my family and I felt like I was learning EVERYTHING the hard way. Back then I decided that something needed to be done, and I wished there was a book that covered all the real-life topics that other books were missing. I vowed that when the twins started kindergarten, if no one wrote it, I would. Fast forward and "What To Do When You're Having Two" has hit the shelves and covers every topic from baby showers to postpartum depression. The unique feature of this book is that it doesn't end on the last page. The discussion continues daily on Twiniversity.com which reaches over 80,000 families in countries around the world. We also have a very active social media presence on Facebook, Twitter,

Pinterest, and Instagram (@Twiniversity for them all). Twenty-four hours a day, you can ask questions, post your concerns and get feedback almost instantly. Enjoy every page of my book, I wrote it just for YOU. Congratulations on your upcoming bundles of joy and if you have ANY questions, please email me at [Natalie@Twiniversity.com](mailto:Natalie@Twiniversity.com). Best Wishes, Nat

Founder of the Twiniversity website and director of the Manhattan Twins Club, Natalie Diaz has been featured widely in the media. She lives in New York City with her husband and their seven-year-old fraternal twins.

Great book for preparing you to have twins. More focused to first time moms (which I am not) but still very helpful information. Has sort of a no BS NY attitude which I appreciated a lot. Doesn't get as medically-specific as some others on the market. But her "mom-to-mom" speak is so refreshing and helpful!

I found this book to me geared towards first time moms only. Most of her advice isn't helpful if you have older kids. Also, her breastfeeding advice isn't very good and isn't very positive or encouraging. I think this book should be read as one first time moms perspective after having twins, not as a knowledgeable expert on having twins. I do love the website Twiniversity and the blog though!

I bought this book as I am expecting twins in October! This was the best read!! I read it cover to cover in 2 days! It was written like you were talking to a friend giving advice! The chapters about baby gear and keeping a strong marriage after multiples were my favorites! Highly recommend to anyone expecting twins!!

I bought this book for my granddaughter who is having twins!! This will be her first babies; so, I knew she needed some help. She tells me she has been reading and getting a lot of information she really needed. She said she is recommending the book to her friends and anyone else she meets at the doctor's office. She loves it!!!

I would recommend this book for parents, grandparents and any other family member who wants to be a productive part of the "twin" experience. Great book!

This book is great. It's the bible of twin pregnancies. I think the order of topics could be rearranged a little bit, but the information is great!

It's not as informative as I had hoped, but overall was an okay read I suppose. The budgeting advice is not at all helpful and was filled with little bits such as, "pay off your debt", without ever going into detail that is not helpful. Seems to be more geared towards upper class families than middle class I would say. Also the book is not at all helpful with breastfeeding as it was stated at the beginning to be.

I liked the writing style and length, but I did not feel like this offered much new that can't be found online. If you want something simple and helpful and you only plan to read one book or so, this one is a great choice. Also the Twiniversity website is great, so I'm still glad I supported the founder by buying this book.

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